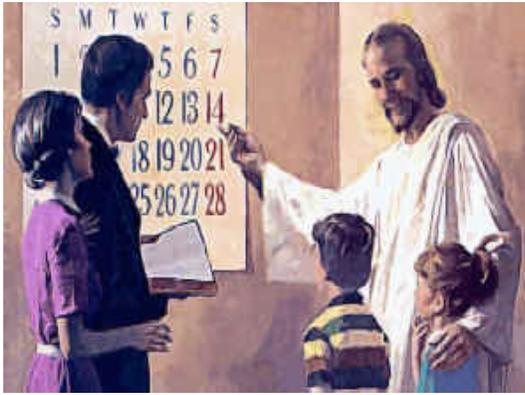


# Lesson 16 What Day Is The Lord's Day



**1. What was John doing on the Lord's Day? Revelation 1:10**  
"And he said unto them, The sabbath was made for man, and not man for the sabbath: Therefore the Son of man is Lord also of the sabbath."  
Mark 2:27, 28

**2. If the Sabbath is the Lord's Day then what day is the Sabbath? Exodus 20:8-11**  
Verse 10 says it is "the Sabbath of the Lord" therefore the Sabbath is His or the Lord's day.

**3. How do we know what day is really the seventh day? Luke 23:52-24:3**  
There are only three days mentioned in these verses, 1) Preparation day verse 54 2) Sabbath verse 56 3) First day verse 1. We call them 1) Good Friday 2) Saturday 3) Easter Sunday

**4. Was the Sabbath only for the Jews? Galatians 3:27-29**  
"One law and one manner shall be for you, and for the stranger that sojourneth with you." Numbers 15:16 Mark 2:27 says the Sabbath was for man not for jews.

**5. Does it matter what day you keep holy? Exodus 16:25-28**  
God said something should be done His way and if we do it our way we will miss a blessing like the children of Israel.

**6. How do we honor the resurrection? Romans 6:3-5**  
Being baptized and walking in "newness of life" honors the resurrection of Christ.

**7. Can we keep tradition and obey God? Mark 7:9**

**8. What day did Paul keep holy? Acts 17:2**  
"And he reasoned in the synagogue every sabbath, and persuaded the Jews and the Greeks." Acts 18:4

**9. Did Christ give a new commandment? Matthew 22:36-40**  
Christ was only repeating the Old Testaments. Deuteronomy 6:4-5 Loving God with your all and Leviticus 19:18 Loving your neighbor as yourself.

**10. Did God make the law dead? 1 Timothy 1:8-10**  
The law is for the man that is breaking the law. The man that is obeying the law need not worry. God's character is reflected in His law. Law=Romans 7:12/ Holy, Just, and Good God's character=Isaiah 6:3, Revelation 15:3, and Psalms 25:8

**11. Is the Sabbath still binding? Hebrews 4: 4, 8, 9**  
"Blessed are they that do his commandments, that they may have right to the tree of life, and may enter in through the gates into the city. " Revelation 22:14  
The Ten Commandments are still binding therefore the Sabbath, which is part of these commandments, is also still binding.

**12. What will we do in heaven? Isaiah 66:22, 23**  
Why would God give us the Sabbath, change it later, and then change it back in heaven? "Jesus Christ the same yesterday, and to day, and for ever." Hebrews 13:8

**13. Who is our example? 1 John 2:6**

**14. "What would Jesus do"?** Luke 4:16  
When people say the law is done away with they are not talking about killing, stealing, lying, or any others being void only the Sabbath. The Sabbath is the only commandment which shows God as creator of the earth. It is the only commandment that says remember and the only one the world has seemed to have forgotten.

## In the Light of God's Word...

*I understand that the Sabbath is the seventh day of the week and that it is still required of me to keep it holy.  
I choose to keep the Sabbath as God has outlined, and receive the blessing He has promised.*

